The XIIIth Update in Nephrology

With the Endorsement of
The International Society of Nephrology

Held in proud collaborations with
Société Francophone de Néphrologie Dialyse et Transplantation
The Arab Society of Nephrology and Renal Transplantation
The Egyptian Society of Nephrology and Transplantation

October 17-19, 2019
Hilton Habtoor Hotel - Beirut, Lebanon

Program

Endorsed by
the Lebanese Society of Medical Oncology
Dear colleagues and friends,

On behalf of the Lebanese Society of Nephrology and Hypertension organizing committee, I am pleased to cordially invite you to join us at our 13th Annual Update Meeting in Nephrology and Hypertension. The congress will be held in Beirut, Lebanon at the Hilton Habtoor Hotel, October 17th to 19th, 2019.

For the first time this year, the meeting is endorsed by the International Society of Nephrology (ISN). It is also endorsed again this year by the “Société Francophone de Néphrologie, Dialyse et Transplantation” (SFNDT), the Arab Society of Nephrology and Renal Transplantation (ASNRT) and the Egyptian Society of Nephrology and Transplantation (ESNT), serving as host for the ESNT-CKD Forum. The Forum for renal nurses is endorsed by the Lebanese Order of Nurses.

In its new focus on the emerging field of onco-nephrology, the meeting is also endorsed by the Lebanese Society of Medical Oncology (LSMO).

The meeting features an exciting and valuable program, focusing on current subjects in Nephrology, Hypertension and Transplantation. It also includes a fellows’ session with presentations of key articles by renal fellows from across training programs in Lebanon. All these topics will be addressed by world-renowned speakers from Belgium, Egypt, France, Jordan, Lebanon, Turkey, United Arab Emirates and United States of America. In partnership with the European Dialysis and Transplant Nurses Association/European Renal Care Association, a Forum for renal nurses will run in parallel on the last day.

Along with the academic program, a scientific exhibit will take place.

We welcome you to attend this meeting and actively contribute to making it a fruitful and successful one with your presence. Thank you.

Ali K. Abu-Alfa, MD, FASN, FAHA
President, Lebanese Society of Nephrology and Hypertension
### Committees and Speakers

#### Executive Committee
- Ali Abu-Alfa, MD - President
- Samir Mallat, MD - Vice President
- Hiba Azar, MD - Secretary
- Oussama Abi Ghanem, MD - Treasurer
- Kamal Abou Chaheine, MD - Member
- Hilal Abou Zeinab, MD - Member
- Abir Ghaith, MD - Member
- Sabine Karam, MD - Member
- Wael Mroueh, MD - Member

#### Scientific Committee
- Ali Abu-Alfa, MD
- Pauline Abou Jaoudé, MD
- Rachad Alameddine, MD
- Sola Aoun, MD
- Dania Chelala, MD
- Houssam Itani, MD
- Sabine Karam, MD
- Hussein Karnib, MD
- Hala Kassouf Kfoury, MD
- Samir Mallat, MD
- Robert Najem, MD
- Bassem Tanios, MD

#### Speakers
- Saade Abboud
- Bassam Abu Jawdeh
- Ali Abu-Alfa
- Baris Akin
- Sola Aoun
- Karima Alouazen
- Hiba Azar
- Kamal Badr
- Adel Bakr
- Amer Barake
- Ali Bazarbachi
- Fouad Chebib
- Dania Chelala
- Gabriel Choukron
- Farhad Danesh
- Tarek El Baz
- Imad El Kebbi
- Ilaria De Barbieri
- Mohammad Ghnaimat
- Hani Hafez
- Jamal Hoballah
- Maryvonne Hourmant
- Houssam Itani
- Ayman Karkar
- Hala Kfoury Kassouf
- Samir Mallat
- Hanadi Mezher
- Robert Najem
- Maria Teresa Parisotto
- Riyad Said
- Ben Sprangers
- Bassem Tanios
- Pablo Urena
- Fuad Ziyadeh

*Lebanon*  
*USA*  
*Turkey*  
*Switzerland*  
*Egypt*  
*France*  
*Italy*  
*Jordan*  
*UAE*  
*Germany*  
*Jordan*  
*Belgium*  
*Lebanon*
Thursday Oct 17, 2019

14:00 - 15:00  Registration

Session 1  Special Topics in CKD / ESRD
15:00 - 15:20  Conservative and Supportive Care in CKD: ISN Viewpoint  Ali Abu-Alfa
15:20 - 15:40  CKD in the Elderly  Robert Najem
15:40 - 16:00  Renal Replacement Therapy in the Elderly: Focus on PD  Dania Chelala
16:00 - 16:05  Q and A

Session 2  Onco-Nephrology Part I (Endorsed by the Lebanese Society of Medical Oncology)
16:05 - 16:25  Spectrum of Onco-Nephrology: Key Issues for the Nephrologist  Farhad Danesh
16:25 - 16:45  Renal Cancer and the Nephrologist  Farhad Danesh
16:45 - 16:55  Q and A

16:55 - 17:15  Coffee and Networking Break

Session 3  Sponsored Symposium AMGEN
17:15 - 17:45  Osteoporosis in CKD  Ali Abu-Alfa

Session 4  Opening Ceremony
17:45 - 17:55  Welcome from LSNH  Ali Abu-Alfa
17:55 - 18:00  Welcome from SFNDT  Maryvonne Hourmant
18:00 - 18:05  Welcome from ASNRT  Tarek El Baz and Robert Najem
18:05 - 18:10  A tribute to Professor Adel Berbari  Kamal Badr

Plenary Talk
18:10-18:40  Paradigm Shifts in Nephrology: The Story of APOL1 and Kidney Disease  Bassam Abu Jawdeh
18:40-18:45  Q and A

18:45-19:30  Reception
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<tr>
<th>Time</th>
<th>Session Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>09:30 - 09:50</td>
<td>ABPM, HBPM and AOBP: New Recommendations from AHA</td>
<td>Sola Aoun</td>
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<td>09:50 - 10:10</td>
<td>Non-Pharmacological Therapy of Hypertension</td>
<td>Mohammad Ghnaimat</td>
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<td>10:10 - 10:30</td>
<td>Improving Cardiovascular and Renal Outcomes in Diabetes</td>
<td>Imad El-Kebbi</td>
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<td>10:30 - 10:50</td>
<td>Diabetes and kidney Disease: Role of SGLT2 Inhibitors</td>
<td>Fuad Ziyadeh</td>
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<td>11:00 - 11:30</td>
<td>Coffee and Networking Break</td>
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<td>11:30 - 11:50</td>
<td>Differential Diagnosis of Renal Cysts</td>
<td>Samir Mallat</td>
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<td>11:50 - 12:10</td>
<td>Detection and Criteria for Diagnosis of PKD</td>
<td>Fouad Chebib</td>
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<td>12:10 - 12:30</td>
<td>Progression Model: Implications for Care</td>
<td>Fouad Chebib</td>
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<td>12:30 - 12:50</td>
<td>Classic Pharmacologic and Non-Pharmacologic Therapies for PKD</td>
<td>Hani Hafez</td>
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<td>12:50 - 13:10</td>
<td>Novel Therapeutic Options for PKD: Role of Vaptans</td>
<td>Fouad Chebib</td>
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<td>13:10 - 13:20</td>
<td>Q and A</td>
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<td>13:20 - 14:30</td>
<td>Lunch</td>
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<td>14:30 - 15:00</td>
<td>Remote Management in PD</td>
<td>Ayman Karkar, Saade Abboud</td>
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<td>15:00 - 15:30</td>
<td>What is the Diagnosis?</td>
<td>Amer Barake, Hala Kfoury Kassouf, Riyad Said</td>
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<td>15:30 - 16:10</td>
<td>Nephrotoxicity of Cancer Drugs</td>
<td>Ben Sprangers</td>
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<td>16:10 - 16:20</td>
<td>MGRS: A Nephrologist or an Oncologist Issue?</td>
<td>Ben Sprangers and Ali Bazarbachi</td>
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<td>16:20 - 16:50</td>
<td>Coffee and Networking Break</td>
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<td>16:50 - 17:10</td>
<td>Controversies in CKD-MBD Management</td>
<td>Pablo Urena</td>
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<td>17:10 - 17:30</td>
<td>Vascular Access Planning and Maintenance: Clinical Practice Guidelines</td>
<td>Jamal Hoballah</td>
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<td>17:30 - 17:50</td>
<td>Intradialytic Hypotension: How Best to Minimize and Manage</td>
<td>Gabriel Choukroun</td>
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<td>18:10 - 18:20</td>
<td>Q and A</td>
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**Saturday Oct 19, 2019**

**HALL A**

<table>
<thead>
<tr>
<th>Session 11</th>
<th>Optimizing Care in Renal Transplantation</th>
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| 09:00 - 09:20 | Evaluation of the Kidney Donor: Key Attributes and Concerns in 2019  
Maryvonne Hourmant |
| 09:20 - 09:40 | Transplantation in the Older Patients: What are the Risks?  
Gabriel Choukroun |
| 09:40 - 10:00 | Challenges in Re-Transplantation  
Adel Bakr |
| 10:00 - 10:20 | Paired Exchange Transplantation: Regional Experience  
Baris Akin |
| 10:20 - 10:40 | Viral Infections Post-Transplant: Focus on BK Virus  
Maryvonne Hourmant |
| 10:40 - 11:00 | Thrombotic Micro-Angiopathy Post-Transplantation  
Bassam Abu Jawdeh |
| 11:00 - 11:10 | Q and A |

| 11:10 - 11:30 | Coffee and Networking Break |

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<thead>
<tr>
<th>SESSION 12</th>
<th>Renal Pathology: From Beside to Diagnosis</th>
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| 11:30 - 11:50 | Lupus Nephritis: Historical Appraisal and What Is New and Trendy?  
Hala Kfoury Kassouf |
| 11:50 - 12:10 | Complement-Mediated Glomerular Diseases  
Bassam Abu Jawdeh |
| 12:10 - 12:30 | ADTKD and Other Interstitial Diseases  
Fouad Chebib |
| 12:30 - 12:40 | Q and A |

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<thead>
<tr>
<th>Session 13</th>
<th>Sponsored Symposium Hikma</th>
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| 12:40 - 13:10 | Optimizing Outcomes in Kidney Transplantation  
Hiba Azar |

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<tr>
<th>Session 14</th>
<th>Fellows’ Corner</th>
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| 13:10 - 14:10 | Journal Club  
Houssam Itani and Bassem Tanios |
| 14:10 - 14:40 | Quiz: Test your Knowledge  
Houssam Itani and Bassem Tanios |
| 14:40 - 14:50 | Closing Ceremony  
Ali Abu-Alfa |
| 14:50 - 15:50 | Lunch |
## Nurses Forum 2019

**08:30 - 09:00** Registration

**HALL B**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>09:00 - 09:15</td>
<td>Welcome and Introduction <strong>Hanadi Mezher</strong></td>
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<tr>
<td>09:15 - 10:15</td>
<td>Vascular access <strong>Maria Teresa Parisotto</strong></td>
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<td>10:15 - 11:15</td>
<td>Practical aspects and top tips during CRRT, 20 years of experience <strong>Karima Alouazen</strong></td>
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**11:15-11:30** Coffee and Networking Break

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<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<tr>
<td>11:30-12:00</td>
<td>Involvement of nurses in the decision making process to choose the best treatment for renal patients or the palliative care in renal patients</td>
<td><strong>Ilaria de Barbieri</strong></td>
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<td>12:30 - 13:00</td>
<td>Panel Discussion</td>
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**13:00 - 14:00** Lunch